

Relevant Education / Professional Development

Elevate Your Career with AI	December 2023
ChatGPT for Skills and Development Professionals	November 2023
Future Skills Centre, Online	
Employee Mentorship	October 2023
<i>Digital Nova Scotia</i> , Online	
Defining Your Personal Brand on LinkedIn	October 2023
<i>LinkedIn Editorial Team</i> , Online	
What's Working? Navigating the AI Revolution and the Shifting Future of Work	October 2023
The Adecco Group, Online	
Transform Your Organization with AI	October 2023
Making Sense of Today's Economy	
<i>BC Chamber of Commerce</i> , Online	
Exploring Futures of Career Development in 2040	September 2023
<i>(I was 1 of 15 national CDPs interviewed for the project and report)</i>	
<i>CERIC</i> , Online	
How to Improve the Future of Talent Acquisition	September 2023
AI and the Future of Talent Acquisition	
From Data to Decision: Using AI to Streamline Talent Acquisition Across Borders	
<i>HR.com</i> , Online	
Assessments for Career Choice: Does it Really Work?	August 2023
<i>Asia Pacific Career Development Association</i> , Online	
Unleash Your Career Potential	June 2023
2023 Career Development Web Conference Series	
<i>BC Career Development Association (BCCDA)</i> , Online	
Using Research for Evidence Informed Career Development Practice	May 2023
Using Existing Research in Your Career Development Practice	
Conducting Research in Your Career Development Practice	
<i>CERIC</i> , Online	
What is the Future of Career Development Education?	May 2023
Employer Panel – Professional Resumes	April 2023
2023 Career Development Web Conference Series	
<i>BC Career Development Association (BCCDA)</i> , Online	
AI in Career Services and HR: ChatGPT & Beyond	April 2023
<i>Career Thought Leaders</i> , LinkedIn live	
The Shifting Landscape of AI	March 2023
The Impact of AI on the Workplace: evidence on businesses' & workers' experiences	

<p>The Rise of ChatGPT Can AI Improve Access to the Labour Market for People with Disabilities? Can AI Help Address Skills Shortages? AI Foresight: Anticipating What Lies Ahead What Will be the Impact of ChatGPT-like Tools on the Labour Market The Impact of AI on the Workplace: Deep dive into the OECD survey and case studies Spotlight on Recent AI Research <i>Organisation for Economic Co-operation and Development, Conference, Online</i></p>	
<p>Create Canva 2023 <i>Canva, Online</i></p>	<p>March 2023</p>
<p>Digital Marketing Automation <i>Alacrity Academy, Online</i></p>	<p>March 2023</p>
<p>Latest in AI for Career Services and Hiring The Future of Career Development Services Remote Career Coaching: A Facilitated Discussion <i>Asia Pacific Career Development Association, Online</i></p>	<p>March 2023 Feb. 2023 Feb. 2023</p>
<p>Non-Traditional Assessment <i>Herky Cutler Training & Coaching Solutions, Online</i></p>	<p>Jan. 2023</p>
<p>Career Trends Observed by HR Managers <i>Asia Pacific Career Development Association, Online</i></p>	<p>Oct. 2022</p>
<p>Career Assessments in Career Conversations <i>Career Industry Council of Australia, Online</i></p>	<p>Oct. 2022</p>
<p>Real-World Resume Strategy: What Do CDPs Need to Know in 2023? Certificate <i>CERIC, Online</i></p>	<p>Oct. 2022</p>
<p>Digital Marketing Bootcamp Certificate - 6-week program <i>Alacrity Academy, Online</i></p>	<p>Sept. 2022</p>
<p>Building a Bridge: How Employers and CDPs Can Collaborate to Address Workforce Needs Using Evidence-Informed Career Development Practice <i>CERIC, Online</i></p>	<p>May 2022</p>
<p>How to Stand out on Video and Boost LinkedIn Presence Certificate Innovative & Effective Strategies for Coaching Clients on Salary Negotiation Certificate Level-Up Your Leadership: Innovative Career Counselling & Coaching Techniques Certificate Update on National Competency Framework and Professional Certification Program <i>2022 Career Development Web Conference Series</i> <i>BC Career Development Association (BCCDA), Online</i></p>	<p>May 2022</p>
<p>IDEA Small Business Development Program Self-Employment Program <i>Amber Education, Nanaimo, BC</i></p>	<p>2021 - 2022 2021- 2022</p>
<p>BC's Labour Market Briefing for July 2020 Certificate <i>BC Labour Market Report, Online</i></p>	<p>June 2020</p>

Service to Safety Workplace Violence Prevention <i>ARETE Safety and Protection Inc., Online</i>	May 2020
Respect in the Workplace Certificate <i>Respect Group, Online</i>	February 2020
Learning Trends for 2020 <i>GP Strategies - Don Duquette, Training Industry, Webinar</i>	December 2019
Talent Sourcing Certificate Recognized/credit course with: Society for Human Resource Management <i>Barbara Bruno, LinkedIn Learning</i> <input type="checkbox"/> Overview of Talent Sourcing, Sourcing Strategy, Sourcing Resources, Advanced Sourcing, Best Practices	November 2019
Strategic Career Development: A Panel Discussion on the Why, What, How <i>GP Strategies Corporation, Online</i>	November 2019
Non-Traditional Assessment Tools That Rock <i>BC Career Development Association (BCCDA), Online</i>	November 2019
Human Resources: Building a Performance Management System Certificate Recognized/credit course with: Society for Human Resource Management <i>Catherine Mattice Zundel, HR Consultant, via LinkedIn Learning</i> <input type="checkbox"/> Introduction to Performance Management, Building a Performance Management System, Best Practices	November 2019
Creating a Leadership Development Program Certificate Recognized/credit course with: Society for Human Resource Management <i>Bonnie Hagemann, LinkedIn Learning</i> <input type="checkbox"/> The Strategic Use of Leadership Development, Research and Analysis Phase, Turn Needs Analysis into Strawman (draft) Design, Create a Powerful Final Design	November 2019
Human Resources: Creating an Employee Handbook Certificate Recognized/credit with: Society for Human Resource Management <i>Don Phin, Attorney/Speaker/Coach, via LinkedIn Learning</i> <input type="checkbox"/> The Cultural Aspects of an Employee Handbook, The Legal Aspects of an Employee Handbook, Sharing the Handbook	November 2019
E-learning Essentials: Instructional Design Certificate <i>Samantha Calamari, LinkedIn Learning</i> <input type="checkbox"/> E-learning, Applying ID Models and Theories, Organizing the Learning Experience, Designing E-learning Content, Designing Interactivity, Assigning Assessments	November 2019
How to Teach Managers and Leaders How to Assure Training Effectiveness Through Coaching - Webinar <i>Progress Coaching - Tim Hagen, via Training Magazine Network</i>	July 2019
How to Engage High Performing Teams <i>The Employee Engagement Group - Bok Kelleher, President via Training Magazine Network, Online</i>	July 2019

Improving Employee Performance Certificate	July 2019
<i>Don Phin, Attorney/Speaker/Coach, via LinkedIn Learning</i>	
□ Foundations of Good Performance Management, Best Practices for Improving Performance, Performance Strategy	
Foundations of Corporate Training Certificate	July 2019
<i>Ajay Pangarkar, LinkedIn Learning</i>	
□ Essential Business Skills for Learning and Development, The Business Case for Corporate Training, Developing a Training and Learning Strategy, Managing Training, Learning's Strategic Role	
Recruiting Foundations Certificate	June 2019
<i>Barbara Bruno, LinkedIn Learning</i>	
□ Principles of Recruiting, Hiring Authority Techniques, Candidates Best Practices, Negotiating and Closing, Follow-up and Retention	
Making Recruiters Come to You	March 2019
Giving Your Elevator Pitch	March 2019
<i>LinkedIn Learning, Online</i>	
Privacy and Information Sharing: for Contractors and Service Providers Certificate	March 2019
<i>Province of BC – Ministry of Citizens' Services, Online</i>	
2018: The Labour Market Year-In-Review – day workshop Certificate	January 2019
<i>BC Labour Market Report - Christian Saint Cyr, Surrey, BC</i>	
Getting in the Driver's Seat: Leadership from the Inside Out	November 2018
<i>BC Career Development Association (BCCDA), Loretta Cella, Online</i>	
Why the Five Stages of Grief Model is Problematic	November 2018
<i>BC Career Development Association (BCCDA),, Dr. Catherine Hajnal, Online</i>	
Introduction to Gender-Based Analysis+ Certificate	November 2018
<i>Status of Women Canada (Federal Government), Online</i>	
Senior Entrepreneurs Matter: Who are they, what they need, and how you can help	October 2018
<i>CERIC & Sheridan Centre for Elder Research, Online</i>	
Networking Without the Butterflies	August 2018
<i>CharityVillage.com, Webinar</i>	
Writing Mastery: The Resume of the Future	August 2018
<i>Career Thought Leaders: Resume Writing Academy, Online</i>	
Personal and Social Branding Update	July 2018
<i>Career Thought Leaders, Online</i>	
Think More, Be More! Improving Client Career Decision Making Skills	June 2018
<i>BC Career Development Association, A, Ann Nakaska, Online</i>	
Rapid-Fire: Career Gaps, Terminations, Tough Conversations, Social Media, Dressing Sharp and Worst End-of-Interview Questions	June 2018
<i>CERIC, Sheila Musgrave, Webinar</i>	

<p>Art of the Digging Interview: How to Uncover Amazing Results for Your Candidates to Create an Off-the-Charts Interview The “Hired Methodology” 2-Step Shiny Resume Formula: A Results-Driven Resume That Works Every Time <i>CERIC, Webinar</i></p>	<p>May 2018</p>
<p>Occupational Health and Safety <i>Manufacturing Safety Alliance of BC, Online</i></p>	<p>April 2018</p>
<p>Overview of “Career Cruising” (software) for Employment Centers <i>Career Cruising, Webinar</i></p>	<p>April 2018</p>
<p>Effectively Managing Psychological Health Issues as a Career Coach <i>Dr. Joti Samra, Vancouver, BC</i> <u>Webinars:</u> Incorporating a Values-Based Approach to Coaching, Self-Assessment with Useful Tools, Psychological Health 101</p>	<p>April and March 2018</p>
<p>Welcome to the New World of Work: Thriving or Surviving? (Post-event recording) <i>SFU Public Square’s 2018 Community Summit: Brave New Work, Simon Fraser University (SFU), Vancouver, BC</i></p>	<p>April 2018</p>
<p>BC Career Development Conference 2018 <i>BC Career Development Association, Pinnacle Hotel, Vancouver, BC</i> <u>Courses:</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> 21ST Century Job Search – Video Resumes and more!, Seanna Quressette <input type="checkbox"/> Achieving Career Success through Personal Branding, Kristin Vandegriend <input type="checkbox"/> TOMA – Top of Mind Awareness Tricks to Land the Job, Jeanine Reemst <input type="checkbox"/> Active Engagement: A 20 Year Celebration, Norman Amundson <input type="checkbox"/> Resumes that Land Interviews, Lisa Stephen 	<p>March 2018</p>
<p>How to Track Achievements for Career Success <i>CharityVillage, Dana Zaruba for YWCA Vancouver, Webinar</i></p>	<p>February 2018</p>
<p>Workforce of the Future, Regina Hechanova PhD <i>Asia Pacific Career Development Association, Online</i></p>	<p>January 2018</p>
<p>2017: The Labour Market Year-In-Review Certificate <i>BC Labour Market Report - Christian Saint Cyr, Surrey, BC</i></p>	<p>January 2018</p>
<p>Incident Investigation <i>Manufacturing Safety Alliance of BC, Online</i></p>	<p>December 2017</p>
<p>Resumes 2017: What You Need to Know About Current Trends, Employer Expectations and Crafting Outstanding Resumes for Client Career Success <i>BC Career Development Association & CERIC, Webinar Series</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Using Resume Writing as a Career Coaching Tool <input type="checkbox"/> Recruiter’s Wisdom – Applicant Tracking Systems Now and What This Means to You <input type="checkbox"/> Hiring Decision Makers Speak Out – Resume Pet Peeves, Must Haves and Stand-Out Elements 	<p>Oct. and Nov. 2017</p>
<p>Career Services in a Rapidly Automating World: Issues and Challenges for 21st Century Career Planning</p>	<p>October 2017</p>

Asia Pacific Career Development Association, Online

How Artificial Intelligence is Transforming Pre-Hire Assessments <i>HireVue.com</i>	August 2017
Difficult Clients: Understanding Responsive Behaviours (re: workplace violence) Supercharge Your Listening Skills , Eileen Chadnick <i>CharityVillage.com</i>	June 2017 April 2017
CareerCruising.com - Best Practices <i>Webinars: Employment Section and Job Search, Resume Builder, Overview of Career Cruising (software) for Employment Centers</i>	April 2017
The Role for Career Professionals in Today's Freelance Economy <i>Career Professionals of Canada (CPC), Online</i>	January 2017
What Career Professionals Should Know about LinkedIn <i>BC Career Development Association, online</i>	January 2017
Redirection Project: Career Development and Job Shifts for the 50+ <i>York University – CERIC hosted, Webinar</i>	January 2017
2016: The Labour Market Year-in-Review Certificate <i>BC Labour Market Report - Christian Saint Cyr, Surrey, BC</i>	January 2017
Designing Resumes and Profiles <i>BC Career Development Association, online</i>	2017
Labour Market Overview and Projection (from Ministry) <i>BC Career Development Association, online</i>	November 2016
Resume Strategies <i>Career Professionals of Canada, Live Chat series</i>	August 2016
10 Social Media Strategies that Increase Engagement <i>Non-Profit Tech. for Good, online</i>	July 2016
Modes of Leadership Modes of Learning <i>Harvard University, EdX Online</i>	June 2016 May 2016
SPEI Training for Contractors <i>Employment Portal BC Extranet, online</i>	May 2016
Settlement Services Training: Intro to the Guided Pathway Process <i>WelcomeBC online</i>	May 2016
LinkedIn Theme <i>Career Professionals of Canada, Live Chat series</i>	May 2016
My Self-Serve Overview Session – Contractors <i>Ministry of Social Development and Social Innovation, EPBC Extranet Training</i>	May 2016
Ethics and Social Media , Deirdre Pickerell	May 2016

BC Career Development Association, online

Safe Harbour – Respect for All Certificate March 2015
Diversecity, held at WorkBC, Cloverdale, BC

Immigrant Employment Collaboration Project (IECP) Training: Modules 1-3 April and May 2016
Employment Portal BC Extranet, online

Finding Your Ultimate State of Flow (Staff Wellness Day), Aileen de la Torre February 2016
Spark Creations & Company Inc., held at WorkBC Cloverdale, Surrey, BC

Poll Everywhere Classroom Spring Training January 2016
Polleverywhere.com

2015: The Labour Market Year-in-Review Certificate January 2016
BC Labour Market Report - Christian Saint Cyr, Surrey, BC

Career Crafting the Decade After High School December 2015
CERIC, sponsored by BCCDA, online

Motivation to Work November 2015
Roxanne Savatzky, Online

Practical Techniques and Strategies for Career Development Practitioners October 2015
NCDA Regional Career Practitioner Institute
 National Career Development Association, held in Vancouver, BC
Courses:

- Life Designing in Liquid Societies, Dr. Mark Savickas - Keynote
- Refreshing Your Testing Toolkit – What’s New? What’s Revised? What are you Missing?,
 Roberta Neault and Deirdre Pickerell
- Career Counselling Interventions, Cynthia Marco-Scanton, John Carroll University
- Using the Enhanced Critical Incident Technique, Norm Amundson
- The Accountability Challenge in Career Services: A Subversive Approach, Kris Magnusson,
 Dean SFU - Keynote

Resume Strategy in 2015 and Beyond February 2015
 Tele-working Virtual Meet-up of Western Canada for Practitioners
Career Professionals of Canada, Online

2014: The Labour Market Year-in-Review Certificate January 2015
BC Labour Market Report - Christian Saint Cyr, Surrey, BC

What HR Professionals Told Us about Resumes and Cover Letters July 2014
 (Based on a survey conducted at the 2014 BC HRMA conference)
BC Career Development Association, online

Crew Safety Awareness and Data Protection Certificates May 2013
Princess Cruises - Princess University, Onboard

Conduct and Ethics Certificate May 2013
Carnival Corporation & PLC, Onboard

SDI - Strength Deployment Inventory Training 2012 and 2013

Princess Cruises, Santa Clarita, CA

How Understanding of Type Relates to Work and Play <i>Career Planning and Adult Development Network, online</i>	February 2012
The New Reality – Roles in the New BC Employment Model Fraser Valley Training Day for Career Practitioners Lower Mainland Sector and Associates Updates <i>BC Career Development Association, Vancouver, BC</i>	December 2011 November 2011 October 2011
The Power of Podcasting to Build Your Brand <i>Keith Keller, Melbourne Australia</i>	July 2011
Demystifying Assessments - Fraser Valley Training Day <i>BC Career Development Association, Vancouver, BC</i>	March 2011
CDC 2011 Career Development Conference <i>BC Career Development Association, Marriott Pinnacle Downtown Hotel, Vancouver, BC</i> <u>Courses:</u> * Keynote Presentation, Sareena Hopkins * True Marketing Genius * Careers Outside the Funded Sector, Gregg Taylor * Keynote Presentation, Vic Lindal	March 2011
Member Tele-Networking: Get to Know Your New CPC <i>Career Professionals of Canada, Online</i>	February 2011
National Occupational Classification Certificate <i>Human Resources and Skills Development Canada, Online</i>	February 2011
Leadership for Career Practitioners - Fraser Valley Training Day <i>BC Career Development Association, Mission Community Skills Centre, Langley, BC</i>	January 2011
Managing Transitions Effectively: Applying William Bridge's Concepts to the Business Transformation Project and World Cafe <i>BC Career Development Association, Douglas College, New Westminster, BC</i>	November 2010
Ethical Standards for Career Development Practitioners <i>Douglas College, New Westminster, BC</i>	September 2010
Crack the Code of Social Media <i>Keith Keller, Melbourne, Australia and Laura Gisborne, Sedona, Arizona</i>	September 2010
Capitalizing on the Conversation <i>SocialMediaMagic.com</i>	September 2010
Letting Spirit Lead: Learning to Trust your Creative Self Spirit at Lunch Presentation <i>Workplace Centre for Spiritual & Ethical Development, Vancouver, BC</i>	September 2010
Ethics for Career Development Practitioners Certificate <i>Douglas College, New Westminster, BC</i> Career Management Training	September 2010 May 2010

Career Management Association, Vancouver, BC

Facilitating in the 21st Century April 2010
 BC Association of Facilitators, Vancouver Community College, Vancouver
Courses: Social Computing and Facilitation, Graphic Facilitation

The Power of Intention in Teaching and Learning April 2010
 Adult and Continuing Education Program (Prof. Dev.)
 University of Victoria, Distance Learning

Career Development Conference CDC March 2010
 BCCDA, Marriott Vancouver Pinnacle Downtown Hotel, Vancouver, BC
Courses:

- A Global Face in a Local Place, Dr. Jim Bright
- E-Portfolios: Porthole to the Future, Global Vocational Services
- What's New in the World of Career Theory?
- Look Before You Leap: Survival Strategies for Self-Employed Career Consultants
- The Relationship between Personality and Performance
- A Framework for the Education of Career Practitioners in Canada, CERIC

Preparing to Survive Transformation – Training Day January 2010
 British Columbia Career Development Association (BCCDA), Vancouver, BC

CRG Human Resources Assessment Systems Trainer Certificate June 2009
 Consulting Resource Group International Inc., Abbotsford, BC
 Assessments: Personal Style Indicator, Job Style Indicator, Sales Style Indicator, Entrepreneurial Style and Success Indicator, Learning Style Indicator, Instructional Style Indicator, Self-Worth Inventory, Stress Indicator and Health Planner, Values Preference Indicator, Leadership Skills Inventory

Blogs, Social Networking Sites, and Twitter May 2009
 Business Circle Network, Richmond, BC

Personality Dimensions Facilitator - Level 1 Certificate May 2009
 Douglas College, New Westminster, BC

Social Media for Recruiting March 2009
 LinkedIn.com, Webinar

CRG Assessments Training February 2009
 Consulting Resource Group International Inc. - Ken Keis, held at Mission Community Skills Centre Society, Mission, BC
Assessments: Personal Style, Values, Stress Entrepreneurial Style & Success, Sales Style

Effective Presentations 2008
 Osbourne Group - Mr. Marian Lewandoski, Richmond, BC

Creating Authentic Sacred Space at Work - Spirit at Lunch Presentation 2008
 Workplace Centre for Spiritual & Ethical Development (member), Vancouver, BC

Addictive Behaviors Education workshop – NETWERCC Training 2003
 Triangle Community Resources Inc. - Brian Chiasson, Abbotsford, BC

Crowd Management, Crisis Management & Human Behavior Training Certificate <i>Royal Caribbean Cruises Ltd., Onboard the M/V Horizon</i>	December 2003
Conflict Management (Staff Training) <i>Myert Corps Inc., Abbotsford, BC (held in Sunshine Valley, BC)</i>	2001
EMPLOYMENT COUNSELLING TRAINING CERTIFICATE PROGRAM UNIVERSITY OF THE FRASER VALLEY, ABBOTSFORD, BC	MAY 2000

<input type="checkbox"/> Courses: Models and Strategies, Career Decision Making, Managing Transition, Group Employment Counselling, Instructional Skills, Placement and Monitoring	
HUMAN RIGHTS WORKSHOP <i>Abbotsford Community Services, Abbotsford, BC</i>	2000

Introduction to True Colors (Staff Training) <i>Level II True Colors - M. Colleen Avery</i> Chilliwack Employment Services, Chilliwack, BC	July 1999
Labour Market Information workshop <i>Christian St. Cyr, Publisher of "BC Labor Market Information", Mission, BC</i>	January 1999
The Circle of Strength (Model) Certificate <i>Shelly Brierly, Oasis Consulting, Langley, BC</i>	April 1999
<input type="checkbox"/> <i>Patterns of Behaviour in Conflict, Methods of Conflict Resolution, Strategies for Maintaining, Personal Balance</i>	
Strategies for Dealing with Resistant Clients using Applied Control Theory <i>Shelly Brierly, held at Chilliwack Employment Services, Chilliwack, BC</i>	December 1998
Labour Market Needs and Trends and LMDA Update <i>Surrey Conference Centre, Surrey, BC</i> <u>Speakers:</u> Dr. Roslyn Kunin, Economist; Mary Huitson, Area Director - HRDC (Federal); Lucy Swib, Regional Manager, MoEST (Provincial)	February 1998
Life Skills Coaching Certificate Program UNIVERSITY OF THE FRASER VALLEY, ABBOTSFORD, BC	May 1998

<input type="checkbox"/> <u>Courses:</u> Life Skills Programming, Interpersonal Communication, Group Skills, Instructional Skills, Career Counselling Skills, Practicum	
Negotiated Financial Support to Individuals <i>Langley HRCC, Langley, BC</i>	Prior
Sexual Harassment Awareness Training <i>The Salvation Army - Langley Community and Youth Resource Centre, Langley, BC</i>	Prior
Office Careers <i>Fraser Valley College, Mission, BC</i>	Prior